

RISE

RISE (Remote Independence Support and Empowerment)

RISE provides structured, personalised, one-off support and advice for those not currently receiving 1:1 support

Sessions can take place either face-to-face at our offices, remotely via telephone or online.

These sessions are designed to help you navigate challenges you may face as an autistic adult.

Examples of support we can offer (but are not limited to)

- Making important phone calls
- Understanding correspondence
- Building routines
- Communication support
- Advice on reasonable adjustments
- Signposting to services
- Digital support

Please note: Those with co-existing Learning Disabilities should contact Learning Disability Services. If you would like to discuss, please contact us.



To book a 1 hour session visit
www.cal.com/casarise
or scan the QR code



Who is the service for?

- Adults with an autism diagnosis
- Adults over the age of 18
- Residents in Gloucestershire and/or registered with a Gloucestershire GP

Follow us on social media to see what we get up to!



@casagloucestershire

For more information please contact
risebookings@grcc.org.uk or 01452 528491
www.grcc.org.uk/CASA