



“The Arts, Health and Wellbeing Centre is a unique, vibrant and welcoming space where community, creativity and research come together to promote social connection and reduce health inequalities” Gloucestershire Stakeholder Group

One Gloucestershire and the University of Gloucestershire are funding a range of half to one day workshops at the University of Gloucestershire’s new **Arts, Health and Wellbeing Centre**. The workshops start in the autumn 2025 and are free of charge.

For further information and to apply:

Title	Duration	Audience	Date
People and communities designing, leading and taking part in research	Half day	People, communities and VCSE sector	28th October 2025, 1pm (for 1.30pm start) until 4.30pm
Demystifying the research process and research terminology in health and care	Half day	Health and care staff, VCSE, charitable, independent sector, UoG undergraduates and postgraduates	9th September 2025, 9.30am (for 10am start) until 1pm
Introduction to Personalised Care and Strengths Based Approach	One day	Health and care staff, VCSE, charitable and independent sector, people and communities, UoG undergraduates and postgraduates	17th October 2025, 9.30am (for 10am start) until 4pm
Introduction to Social Prescribing / Asset Based Community Development (ABCD)	One day	Health and care staff, people and communities, VCSE, charitable, independent sector, UoG undergraduates and postgraduates	31st October 2025, 9.30am (for 10am start) until 4pm
Introduction to Creative Health	One day	Health and care staff, people and communities, VCSE, charitable, independent sector, UoG undergraduates and postgraduates	12th November 2025, 9.30am (for 10am start) until 4pm

To book your place please contact anne.howe4@nhs.net